

**Journey to Emmaus: A High School Youth Ministry Curriculum
The Catholic Diocese of Arlington's Office of Youth Ministry**

Doctrinal Elements	Year 1: Fall	Year 1: Spring	Year 2: Fall	Year 2: Spring	Year 3: Fall	Year 3: Spring	Year 4: Fall	Year 4: Spring
Person of Christ	Jesus as True God and True Man	Jesus: Second Person of the Trinity	Jesus Revealed in the Old Testament	Jesus Performs Miracles (Eucharist)	Jesus as Leader	Jesus as Messiah and Sacrifice	Jesus as Teacher	Jesus the Resurrection
Life in Christ	The Beatitudes	The Human Community and Solidarity	The Greatest Commandment: Love the Lord (Eucharist)	Life and Dignity of the Human Person (Abortion)	Authority and the Common Good	The Second Greatest Commandment: Love your neighbor (Abortion)	Love for the Poor and Vulnerable	Stewardship of Resources and Rights and Responsibilities (Abortion)
Morality	Truth, Freedom, and Responsibility	Sin & Forgiveness	Moral Law	The Commandments	Conscience	Poverty, Chastity, & Obedience	The Virtuous Life & Gifts of the Holy Spirit	The Church as Mother and Teacher
Christian Mystery	Sacraments & Grace (Eucharist)	The Church's Liturgy (Eucharist)	The Role of the Holy Spirit in the Sacraments	Sacraments of Healing	Universal Call to Holiness & Vocations	Participation in the Eternal Banquet (Eucharist)	Sacraments at the Service of Communion	Sacraments of Initiation (Eucharist)
Church	Evangelization: The Church's Mission	Tradition & Scripture	The Communion of Saints	The Pilgrim Church	Ecumenism	Mary, Mother of the Church	Images of the Church (Eucharist)	The Magisterium
Christian Prayer	The Universal Call to Prayer	Forms of Prayer	The Lord's Prayer	Liturgy of the Hours & The Psalms	The Mass (Eucharist)	Charisms and Spiritualities	Challenges in Prayer	Devotions
Sacred Scripture	Divine Revelation	Patriarchs & Prophets	The Gospels	Parallels and Typography between the OT & NT	Evolution of Scripture	Jesus as Fulfillment of Scripture	Accounts from the Early Church	Scripture & Prayer
Profession of Faith	Creation	The Resurrection	God the Son	Forgiveness of Sins	The Marks of the Church	God the Holy Spirit	God the Father	Eternal Life
Issue Night # 1	Politics	Abortion	Decision Making & Leadership	Friendship	Discernment & Vocations	Euthanasia & Death Penalty	Homosexuality	Suicide, Depression, & Mental Health
Issue Night # 2	Sexuality	Relativism	Drugs & Alcohol	Violence, Gangs, & Bullying	Dating & Modesty	Internet, Media, & Music	Just War	Islam